

Annual Report

2014-2015



KARUNA SOCIAL SERVICE SOCIETY

Balasaur, Kotdwar PO, Pauri-Garhwal Dist., Uttarakhand 246 149

Tel. 01382-227029, E-mail: karunasociety@yahoo.co.in

www.karunasocialservicesociety.com



Organizational Structure

President
 ↓
General Body
 ↓
Governing Body
 ↓
Director
 ↓
Asst. Director
 ↓
Secretary
 ↓
Treasurer
 ↓
Project in-charge
 ↓
Project Co-ordinators
 ↓
Co-ordinators
 ↓
Animators



JOHN VADAKEL cmi
Bishop of Bijnor

BISHOP'S HOUSE

P.B. No. 1, Kotdwara

Pauri Dt. Uttarakhand (INDIA) - 246 149

E-mail : johnvadakel@yahoo.com

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Message

I am happy that KSSS is intending to publish the annual report of its activities and achievements of 2014-2015. May this publication of the annual report bring more special blessings from the Lord of the Karuna Social Service Society and all its workers and social activities.



KSSS, being the social work wing of the diocese of Bijnor, has engraved a deep impression in the field of social work. Socio-economic development of the poor and the marginalized is a very important activity of the Church for the uplift of the weaker sections of the Society. With a vision to empower the community and the realize sustainable development, KSSS have made realistic changes in its approaches, keeping abreast with changing time. All this happens by being inspired by the social concerns of Jesus.

I wish to congratulate all those who are engaged in the realistic development of the needy communities, benefactors and well-wishers.

God bless all of us and all whom we serve !

With warm regards and prayers,

Yours in our Lord,



+John Vadakel CMI
Bishop of Bijnor

सुरेन्द्र सिंह नेगी

मंत्री

चिकित्सा, स्वास्थ्य, परिवार कल्याण, आयुष,
आयुष शिक्षा, विज्ञान एवं प्रौद्योगिकी, अर्द्ध सैनिक कल्याण,
गन्ना विकास एवं चीनी उद्योग



उत्तराखण्ड सरकार

विधान भवन, देहरादून

कक्ष सं. : 102 (A)

फोन : 2666766 (का.)

फैक्स : 2665900

मोबा. : 9837922262

दिनांक : 16-9-2014



“ सन्देश ”

यह हर्ष का विषय है कि करुणा समाज सेवा संस्था, बालासौड़, कोटद्वार (गढ़वाल) द्वारा विगत 32 वर्षों से गढ़वाल के दूरस्थ ग्रामों में जो निस्वार्थ सेवायें दी जा रही हैं, वह अत्यन्त सराहनीय है। मैं विगत कई वर्षों से करुणा समाज सेवा संस्था को व्यक्तिगत रूप से जानता हूँ तथा संस्था समाज के विभिन्न वर्गों में विशेषकर दुर्गम एवं पिछड़े क्षेत्रों में लोगों के बीच जाकर उनके सामाजिक विकास, शिक्षा, स्वास्थ्य के लिये निस्वार्थ भाव से समर्पित होकर कार्य कर रही है। संस्था द्वारा विगत वर्ष में उत्तराखण्ड में आई भीषण आपदा में प्रभावित लोगों के पुनर्वास एवं राहत कार्यों में सराहनीय कार्य किया गया, जिसे उत्तराखण्ड की जनता हमेशा याद करती रहेगी।

मुझे पूर्ण विश्वास है कि जिस प्रकार से संस्था द्वारा विगत कई वर्षों से गढ़वाल क्षेत्र के दूरस्थ एवं पिछड़े क्षेत्रों में उनके सामाजिक, शिक्षा के विकास एवं स्वास्थ्य एवं आपदा के समय पुनर्वास एवं राहत कार्यों में अपना अहम भूमिका निभायी गई, उसी प्रकार से भविष्य में भी अपना सहयोग प्रदान कर, उत्तराखण्ड राज्य के विकास में अपना महत्वपूर्ण भूमिका निभाती रहेगी।

मेरी ओर से करुणा समाज सेवा संस्था के समस्त परिवार को संस्था के उज्ज्वल भविष्य के लिये हार्दिक शुभकामनायें।

पुनः शुभकामनाओं सहित,

फादर पायस,

निदेशक,

करुणा समाज सेवा संस्था,

कोटद्वार (गढ़वाल)।

आपका

(सुरेन्द्र सिंह नेगी)



Letter of Appreciation from Dr. Raghav Langer, D.M., Rudraprayag

To,

Fr. Pious Philip
Director
Karuna Social Service Society,
Balasaur, Kotdwar
Pauri Garhwal,
Uttarakhand



Sub: Appreciation Letter for the Selfless Service.

I am extremely delighted to place on record my appreciation to Karuna Social Service Society for the relief and rehabilitation activities carried out by the organization in Rudraprayag and other neighbouring districts of Uttarakhand after the flash flood occurred in the month of June, 2013. I know pretty well from different sources and have seen personally how the Catholic Diocese of Bijnor and Garhwal through Karuna Social Service Society is rendering commendable services in this region especially in the inaccessible areas of Rudraprayag district. I am convinced that the thousands of flood-affected victims of this region have benefitted from your selfless and dedicated services in the field of livelihood, health, education to the children and sanitation activities. I am sure that the furthest and neediest of the remote flood-affected villages have benefitted most from your relief activities.

Definitely, you have left behind a legacy of whole-hearted commitment, service without seeking reward and example of being fully human. I wish and pray that the citizens of our nation may be inspired and follow the rich ideals and example that your organizations have exhibited.

I wish that Karuna Social Service Society, Balasaur, Kotdwar will always remain a shelter for the less privileged and vulnerable people of our nation. I thank and wish you all the best for all your humanitarian activities.


(Dr. Raghav Langer)
I.A.S.
District Magistrate,
Rudraprayag.
पिप्पल मणिकारी
सहस्राक्ष



Letter of Appreciation from Mr. S.A. Murugesan, D.M., Chamoli

एस.ए.मुरुगेशन
आईओएसओ
कलेक्टर/जिलाधिकारी, चमोली



उत्तराखण्ड शासन

अर्द्धशा0सं/ 631/PA-2014
दिनांक 15/9/14 गोपेश्वर:

Appreciation Letter

The Flash Flood that occurred in June 2013 in the Chamoli district has created havoc in this region. The government machinery along with number of NGOs has worked tirelessly to provide relief and assistance to the affected people. Among these NGOs Karuna Social Service Society, (KSSS) KOTDWAR has played a commendable role. This prompt assistance to the affected people was made possible only because KARUNA's volunteers and animators have been working in these areas for quite some time. I am told, its volunteers by their selfless and dedicated services in the field of livelihood, health, education and sanitation helped thousands of flood-affected victims of this region.

I am happy to place on record my appreciation and gratitude to Karuna Social Service Society (KSSS) KOTDWAR for the relief and rehabilitation activities carried out by the organization. I am sure, the poor and needy of these remote villages of Garhwal did benefit from your relief and rehabilitation works. I hope KSSS - KOTDWAR may remain a committed and dedicated charitable organization that shelters the underprivileged and vulnerable people of our region. I wish all success to your humanitarian undertakings.

To,

Fr. Pious Philip,
Director,
Karuna Social Service Society,
Balasaur, KOTDWAR
Pauri Garhwal, Uttarakhand.

(S.A. Murugesan)
District Magistrate,
Chamoli
(UTTRAKHAND)





Director Speaks

Dear Friends and well wishers

It is with immense delight that I present before you the Annual Report of KSSS for the year of 2014 – 2015. It has been a remarkable year for all at Karuna as well as those associated with us. The activities of the KSSS have remained true to its thrust areas.

Enabling the poor and powerless to gain access to a life with dignity is an intrinsic responsibility of every human person. As KSSS' motto "Together Towards a Better Tomorrow", we have worked and tried to enhance the poor and marginalized people to bring a better future for them. We have been striving for the establishment of a social order that is based on equality, justice and love.

KSSS in the last one year had succeeded to strengthen its reputation and increase its effectiveness with the help and contributions of several partners. I am grateful for the wholehearted support the organisation has received from our partners and collaborators.

Thanking and seeking your enhanced support.

Fr. Pious Philip
Director

Community-Centres

KARUNA SOCIAL SERVICE SOCIETY

Karuna Social Service Society (KSSS) is the Social Service Wing of the Catholic Diocese of Bijnor involved in social work activities for the marginalized and the downtrodden in six districts of Uttarakhand namely, Uttarkashi, Chamoli, Pauri, Rudraprayag, Tehri and Haridwar and one district of Uttar Pradesh namely Bijnor.

The Society, through its 26 centres covering 574 villages spread over 7 districts collaborates with the Government and innumerable NGOs in the area, sharing the concerns, providing and receiving expertise on training, planning, implementation, monitoring and evaluation.

OUR VISION

A just society where, through a process of self awareness people are enabled to build up themselves together for their total liberation.



OUR MISSION

To identify the poor to raise their consciousness through a process of empowerment so that their human dignity is upheld through participatory decision making and action.



FIELD OF OPERATIONS: AREA/ POPULATION

Districts	:	07	Dev. Blocks	:	26
Villages	:	574	Population (Rural)	:	6, 50,000 approx. (70% SC/ST)

MAJOR PROJECTS

Project Title

ADHIKAR

Project Donor:

Caritas India, New Delhi

Project Place:

Kotdwara - 15 Villages of Jaiharikhal Block

Objective

The project aims at improving the quality of life of scheduled caste, widows, women, children, BPL families, adolescent girls and unorganized labourers. This is done by empowering the community members of these marginalized sections by making them capable of obtaining their entitlements under 'Right to Health' and 'Right to Work' through Mahatma Gandhi National Rural Employment Guarantee Act, Swarn Jayanti Gram Swa Rozgar Yojna, Social Security Schemes and strengthening the agricultural sector.

- ❖ 15 SHGs are functioning well with saving of Rs. 147265/-
- ❖ 120 Health awareness meetings with 532 pregnant women & children in 15 villages
- ❖ 44 Monitoring visits of VHND functions in 04 GPs
- ❖ 12 Awareness meetings on benefits of attending GS meetings in 15 villages with 456 people
- ❖ 01 Social Audit by GS members in 01 GP
- ❖ Information, Education, Communication (IEC) program in 01 GP
- ❖ 08 Networking meetings with Govt. officials in 08 places
- ❖ The linked BPL SHGs received loan of Rs. 50000/- on subsidy and involved in IG programs such as petty shop, goat and cow rearing etc.
- ❖ 245 Job card holders received 68 days of works under MGNREGA & earned Rs. 10608/ each
- ❖ SHG received loan of Rs. 1, 47265/- on interest from Block for IG programs
- ❖ ASHA health workers daily visit villages and prepare the list of eligible pregnant women, children and immunize them in sub-centres



Job Card Verification



Tailoring Center



Distribution of Tailoring Course Completion Certificate



MGNREGA Awareness Meetings



- ❖ 06 People found with T.B symptoms and sent sputum to the PHC, Dugadda for check-up.
- ❖ 10 Lactating mothers received the benefits of JSY (Rs.1400/- each)
- ❖ 188 Children received polio drops
- ❖ 80 BPL/SC women trained in tailoring and are earning Rs. 800-1000 per month each
- ❖ 267 HH have ration cards through intervention
- ❖ 12 Job card holders verified their job wages according to the master roll
- ❖ 21 Pensioners received the pensions under social security schemes



Weighing of Pregnant Women under VHND



Village Path Constructed under MGNREGA



SSS Awareness Meeting

- ❖ 02 SC BPL school going adolescents received Rs.25000/- each under Gaura Devi Kanya Dhan
- ❖ 01 BPL SC woman received Rs. 50000/- under marriage scheme
- ❖ 01 Master roll received for Social Audit
- ❖ Construction of village path under MGNREGA
- ❖ 15 Social Security Scheme awareness meetings

6/9/2015

सेवा में
जन सूचना अधिकारी
विकास सेवाएं, जगतदीनगढ़
पंचायत, डुगड्डा

विषय: ग्राम पंचायत के आशियार इतिहास 2005 के अनुसूचित प्रविष्टि,

प्रति,
कृपया हमें ग्राम पंचायत के आशियार इतिहास 2005 के अनुसूचित विभिन्न सुविधाओं को उपलब्ध करवाने में कृपया कोशिश करें।

1) ग्राम पंचायत रोडों के समस्त जॉब कार्ड बनाने में सुनी उपस्थित करेंगे।

2) 1 अप्रैल 2015 से 31 मार्च 2015 तक सब वर्क में महिला के समस्त जॉब कार्ड बनाने में काम किया है उसे काम के हिसाब से विभिन्न मजदूरों श्रमिकों में सुनी उपस्थित करेंगे।

3) ग्राम पंचायत रोडों के समस्त जॉब कार्ड बनाने की स्थिति करण/जॉब कार्ड बनाना में सुनी उपस्थित करेंगे।

मे इस प्रविष्टि में राय 10/- के का भारतीय पत्रिका में समाप्त कर रही हूँ।

प्रतीक
सोमेश्वरी प्रभा देवी
मुख्य कार्यकारी
डुगड्डा पंचायत

गुप्त - देवी
6/9/2015

RTI Proposal for
Master Roll of MGNREGA

Project Title**Education and Nutrition Support to Flash Flood Affected Children in Uttarakhand****Project Donor:****Karl Kubel Stiftung, Germany****Project Place:****Ghat – 07 Villages of Ghat and Karnaprayag Blocks****Objective**

The main purposes of the project is to improve the health status of flash flood affected women and children and create better study environments for affected students. Other purposes are to strengthen the local self governing bodies and women/youth groups and empower village community to obtain their denied rights. The main parameters shall be improvement in the health status of 90 % malnourished children, quality education for 6-14 years' children, special training for children on earthquake and flash flood risk reduction, entertainment of children in order to get out of the trauma, psycho-social education and improving the quality of education.

- ❖ 07 Medical camps in 07 villages with 732 participants
- ❖ Distribution of nutritious supplements in 08 clubs for 416 children
- ❖ 08 School medical camps for 781 students
- ❖ 01 Training of 18 village level health workers
- ❖ Training program for strengthening 22 VHSNC
- ❖ Education support to 319 children in 07 villages
- ❖ Entertainment programs for 416 children in 07 villages
- ❖ Training of 33 VEC members and mid day meal supervision
- ❖ 08 Children's Clubs for 416 children with small library
- ❖ 05 Computers for Children's Clubs
- ❖ Film shows in Children's Clubs
- ❖ Children's Day Celebration
- ❖ 416 Children have regular access to nutritious food
- ❖ 153/274 Malnourished children showed improvement in their weight and height
- ❖ 387/436 Children of 0-5 year age group have been immunized

**Making Artificial Flowers****Children's Day Celebration****Yoga Practice in Children's Club****Children's Club**

Project Title

Comprehensive Rural Development in Changing Scenario, Bhikkawala

Project Donor:

Manos Unidas, Spain

Project Place:

35 Villages of Kothwali and Afzalgarh Blocks

Objective

The project area of 30 backward villages covers a total population of 71600 labourers. The people of the area are marginal famers and agricultural Labourers who somehow manage their livelihood. The project is aimed at stopping migration of the villagers to cities, better utilization of the available resources in the villages, alleviating poverty and providing self-employment opportunities to rural weaker section and enhancing the aged people to have peaceful life ahead.

- ❖ 07 Medical camps in 07 villages with 732 participants
- ❖ Networking with 10 Govt. Officials
- ❖ 03 Meetings in villages on various Govt. schemes
- ❖ Eye Camp and check up for 90 people and 13 cataract patients operated free of cost
- ❖ 04 Awareness sessions on HIV/AIDS, TB and Polio for 166 people
- ❖ Petty Shops for 5 poor families
- ❖ 03 Camps for Gender Sensitization for 168 villagers



Women's Day Celebration



Awareness on HIV, TB and Polio



Discussion on Govt. Schemes

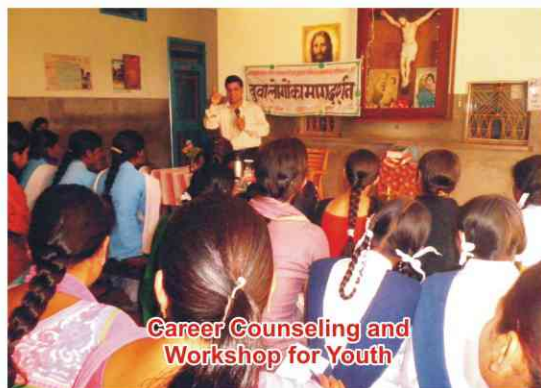
- ❖ 24 Elected Panchayath members' Training on good governance
- ❖ Training on Disaster Management for 68 villagers
- ❖ Street plays in 12 villages
- ❖ Group management & Leadership training for 83 SHG's office bearers
- ❖ Training on Mother and Child Health Care for Asha/AWW/SHG Leaders
- ❖ Training in tailoring for 42 adolescent girls



Group Management & Leadership Training for SHG Office Bearers

- ❖ Gathering of 90 old age people and formation of Geriatric Clubs
- ❖ Preparation of Village Health Plan and Implementation with 54 members
- ❖ Career counseling and workshop for youth
- ❖ Training on Vermi Compost
- ❖ Literacy Day, World Aids Day, World Women's Day and Children's Day Celebrations

- ❖ 548 eligible aged people applied for pension through intervention
- ❖ 06 people received containers to preserve wheat from Block
- ❖ Identified 44 TB patients and referred to govt. hospital for their treatment
- ❖ Men and women are sensitized towards their role in eradication of gender discrimination tendency



Career Counseling and Workshop for Youth



Training on Disaster Management

- ❖ 5 SHG groups got revolving fund for nursery development
- ❖ Highly vulnerable pregnant women got special care through govt. health workers
- ❖ Elderly people motivated towards their personal security and safety and to live in clean and tidy environment

- ❖ VHSNC helps community for insecticide's spray at the interval of six months in the villages
- ❖ 30% participant farmers were mobilized toward protecting agriculture land from affluence use of artificial fertilizers
- ❖ 65 Participant farmers understood the ways of vermi compost production



Awareness on Gender Sensitization

Project Title

Financial Assistance for the Education of Poor Children

Project Donor:

Mother's Care-Board for Research Education and Development (BREAD), Noida

Project Place:

13 Mission Stations of the Catholic Diocese of Bijnor

Objective

The project aims to assist the unprivileged children with study materials and equipments for the value based education and integral development in aspects of physical, intellectual, psychological, moral and social progress other than the rudimentary school education.



Study Material Distribution at Kotdwara



Study Material Distribution at Bhikkawala

talent of singing. She is an active member of school choir team and occasionally grabs prizes for singing whenever singing competitions are conducted in school. She has a great desire to study ahead and to get a good job for decent living. Her father is a small scale farmer and mother is a house wife. Being a small scale farmer with less income her father was unable to send all children to school. Therefore, last year Kalal was at the brim of discontinuity from her studies to ease the financial problem of her father. However the timely intervention of KSSS through Mother's Care program helped her to continue studies. The support from Mother's Care really helped Kajal to move towards her goal. Kajal and her family are grateful to Bread Noida for the Mother's Care program.



Study Material Distribution at Birbhanwala

- ❖ Educational assistance for 65 students in 13 stations- (sweater, uniform, shoe, text books, note books, school bag)
- ❖ Educational encouragement and continuity for the students
- ❖ The confidence level and social stability of students increased
- ❖ Reduction of financial burden on parents
- ❖ Better study atmosphere with proper measures and equipments

KAJAL PAUL (MC/IND/22/01/KTW/14-15/46) 13 years old from Mandawali mission station of the Diocese of Bijnor belongs to a poor family. She has parents and four siblings, in the family. Kajal is studying in 10th standard. She almost walks six kilometres to reach school and back to home. By nature she is a hard working student but in academic capacity level, she remains an average student. However, God has blessed her with an amazing



Project Title

Vocational Training Program for Women (Micro Project)

Project Donor:

Caritas India, Delhi

Project Place:

Villagers of Mandawali and Nagala Pithora Mission Stations

Objective

The project aims the empowerment of women to take decisions for improving their living conditions by promoting income generation activities through tailoring and beautician course. It promotes collective action of the people through people's organization such as SHGs. It trains women leaders in group management, proper functioning, record keeping and financial management.

- ❖ Training in tailoring for 22 women in 03 batches
- ❖ 01 Beautician course for 12 women
- ❖ Formation of new Self Helping Groups
- ❖ Sessions on SHG management
- ❖ Session on personality development
- ❖ Trained women are earning satisfactory monthly income through garment making and beautician work



Project Title

Vocational Training for the School Dropout Youth in Bijnor

Project Donor:

Functional Vocational Training and Research Society (FVTRS), Bangalore

Project Place:

30 Villages of Kothwali, Afzalgarh and Jalilpur Blocks

Objective

The skill level and educational attainment of the workforce determines the productivity as well as the adaptability of the working class in changing environment. There is a large skill deficit as only 5 per cent of the Indian labour force in the age group of 20-24 has received vocation training. Thus, the project aims to provide skill and knowledge for the economic growth and social development of the country.

- ❖ Garment Making training for 17 school dropout adolescent girls
- ❖ Motor Driving Training for 11 school dropout adolescent boys
- ❖ Discussion on protection of drinking water, hygiene and sanitation
- ❖ Individual discussion on SWOT (Strength, Weakness, Opportunities, and Threat) analysis
- ❖ Sessions on Leadership Quality, Balancing Relationship, Time and Money Management
- ❖ Dropout youths got an opportunity to learn garments making and driving at their door step and earn income
- ❖ Empowered with various skills such as good personality, leadership, communication skills and problem solving skills



Motor Driving Training

Project Title

Community Based Rehabilitation for Persons with Disabilities

Project Donor:

Stitching Liliane Fonds, The Nether Lands through JVS, Varanasi

Project Place:

Padampur, Timarpur, Kotkadar, Bijnor, Kalheri, Kiratpur, Nangla Pithora, Mandawali, Chandpur, Ghansali, Laldhang, Mandawar and Bhikkawala

Objective

Mision of the Liliane Fonds is to open a world of possibilities to children and youngsters affected with disability and to enable them to participate and count in their communities

- ❖ Awareness Session for 15 teachers, ASHA/AWW workers and 90 SHG members on Persons with Disability
- ❖ Street Plays in 46 villages
- ❖ PwD Celebration (Apna Din) with 308 PwDs
- ❖ 2 Awareness programs for 45 parents on themes for Autism, MD, CP and MR
- ❖ Seminar for 90 PwDs
- ❖ 6 PwDs & parents gatherings
- ❖ 4 PwDs gatherings
- ❖ Formation of SHGs and regular meetings
- ❖ Participating PwDs in competitions conducted by Govt.
- ❖ Training program on reporting and documentation for sister supervisors
- ❖ Motivational sessions through classes and audio visuals
- ❖ Distribution of educational assistance in cash and kind
- ❖ Teachers materialized special programs for PwDs in the schools
- ❖ Asha/AWW workers succeeded to achieve welfare govt. schemes for PwDs
- ❖ SHG groups were motivated to secure social justice for PwDs
- ❖ 15 Niramaya Health Insurance registered for PwDs
- ❖ Distribution of woollen items for 60 beneficiaries through local contribution
- ❖ New 4 SHGs are formed for PwDs
- ❖ Artificial limbs were distributed to 15 children
- ❖ Tri-cycles were distributed to 12 PwD children



Distribution of Tri-cycle



Distribution of Artificial Limps



PwDs and Parents Gathering



PwD Celebrations (Apna Din)



Project Title

SAKHI

(Strengthening of Adolescents' Knowledge, Health, Women Rights and Income)

Project Donor:

Uttar Kshetriya Samaj Vikas Kendra (UKSVK)

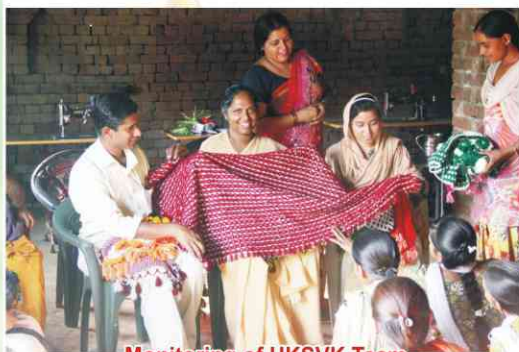
Project Place:

Mandawar – 13 Villages of Mohamadpur Block

Objective

The project 'SAKHI- Strengthening Adolescents Knowledge, Health, Women Rights and Income' in the Northern Region of India is implementing to enhance adolescents skills at all level. It is envisaged as a second phase of the completed project of 'Gender and Development in the Northern Region - Adolescent Empowerment for Social Transformation'. The project aims to mainstream the rural adolescent girls by the efforts of continuous life skill upgradation, stay in school concept, improved sexual and reproductive health, and access to credit and marketable skills.

- ❖ Project Orientation in 13 villages
- ❖ Group works with 988 adolescent girls



Monitoring of UKSVK Team

- ❖ 4 Networking program with 23 school teachers and community based workers
- ❖ 2 Interaction sessions of girl's forum and women's forum of the village
- ❖ Family planning sessions with 32 newly married couples
- ❖ 43 Regular classes for 492 girls on Menstrual System and Hygiene
- ❖ 49 Demonstration programs of "Knowing Body" for 537 girls
- ❖ 5 AIDS awareness programs and adolescent health camps for 345 adolescents

- ❖ 5 Exposure visits for 45 girls to post office, bank, police station, family court, AWC etc
- ❖ 3 Jago sakhi" (Aware) programs for 120 adolescent girls with the help of various govt. departments
- ❖ 5 workshops for girls (how to file an FIR, open a bank account and file RTI)
- ❖ 6 Triangular "Girl friendly sessions" between parents, teachers and girls
- ❖ 4 Teacher sensitization programs for 27 teachers



Training in Food and Flag



Group Work with Adolescent Girls

- ❖ 6 Networking programs for govt. schemes such as SSA, MSY and KGBV
- ❖ 23 Trainings in “women domestic violence act 2005” with 447 participants
- ❖ 8 Workshops on advocacy campaign (property right) with 131 participants
- ❖ 2 Trainings in gender distinction (Biological and Psychological) with 79 participants
- ❖ 3 Behavior modification counseling sessions for 148 boys



Computer Course



Kishori Utsav

- ❖ Group counseling sessions in “Pre and Post marital Counseling”
- ❖ 16 Peer exchange programs for better communication for 425 participants
- ❖ 2 Kitchen garden training programs for 22 participants
- ❖ 6 trainings in “Food and Flag” for 184 participants
- ❖ Competitions and health exhibition for adolescent girls
- ❖ 2 advanced stitching training courses (embroidery and croshia) for 60 participants
- ❖ 2 Training programs on the basics of computer for 37 participants

- ❖ 12 Awareness generation program through street plays for more than 1300 participants
- ❖ Poster exhibitions on issues relevant to the project with 78 participants
- ❖ 4 Community exchange program with 54 participants
- ❖ Adolescent girls manage all group meetings and its activities by themselves
- ❖ Awareness on venereal disease and the importance of hygiene during the menstrual cycle
- ❖ Girls equipped with appropriate knowledge of Social Security Schemes
- ❖ Admitted two girls at *Kasturba Gandhi Balika Vidyalaya* cum hostel
- ❖ 03 girls were enrolled in the school through *Sarva Shiksha Abhiyan* scheme



Poster Exhibition

Project Title

Sustainable Livelihood Development Project (SLDP)

Project Donor:

Federal Ministry for Economic Cooperation and Development through Karl Kubel Stiftung, Germany

Project Place:

Ghat - 10 Villages of Ghat and Karnaprayag Blocks, Chamoli

Objective

Reduction of poverty and hunger as well as strengthening families of resilience to natural disaster and risk in the project area

- ❖ Distribution of seeds, organic fertilizers and bio insecticides/pesticides in 7 villages for 117 participants
- ❖ 04 Trainings on seasonal & off seasonal vegetables and spices cultivation for 108 participants
- ❖ 1 Exposure visit for Pickle making program with 20 participants
- ❖ Training on Vermi Compost



Seed Distribution

- ❖ Distribution of 6 cows/buffalos
- ❖ Distribution of 40 goats
- ❖ Training on livestock and milk dairy
- ❖ Strengthening and formation of SHGs for 147 members in 07 villages
- ❖ Networking and Advocacy
- ❖ Training on Disaster Risk Reduction method
- ❖ Sessions on SHG concept, Leadership, Documentation and Organic Farming
- ❖ Establishment of 150 kitchen gardens

- ❖ 09 Farmer's groups registered their mobile numbers in agricultural department for timely information
- ❖ Construction of 10 vermi compost units in 3 villages
- ❖ Availing Government schemes/subsidy for farmers
- ❖ Livestock Management and Resource Training for villagers
- ❖ Formation of 21 new SHGs
- ❖ Formation of DDR committees in 03 villages



SHG Training Program



Capacity Building Program



Livestock Support



Pickle Making



Training on DRR

Project Title

Akshay Project Uttarakhand (Dots)

Project Donor:

The Union, New Delhi through Mamta Samajik Sanstha, Dehradun

Project Place:

Kotdwara - 44 Villages of Rikhnikhal, Jaiharikhal & Kaljikhil Blocks

Objective

The main purpose of the project is to create awareness among people in different villages about Directly Observed Treatment (DOT), T.B. and its symptoms. The project aims to remove the superstitions from the minds of the people. It finds out new patients and brings awareness among the villagers under the 'Revised National Tuberculosis Control Program' (RNTCP). In this modular, the project also gives basic information about the different aspects of T. B.



GKS Meeting in the Village



Awareness through Village Visitation

- ❖ Gramin Kalyan Samiti (GKS)/Panchayat Raj Institutional (PRI) Community meeting in 44 villages with 1944 people
- ❖ Regular house visits in villages
- ❖ 15 referrals to District Medical Centre
- ❖ Personal counseling sessions for village people
- ❖ Sputum Collections
- ❖ Awareness creation among villagers about T.B. and its symptoms through street plays



Street Play

Executive Meeting

Project Title

Economic Empowerment and Integral Development

Project Donor:

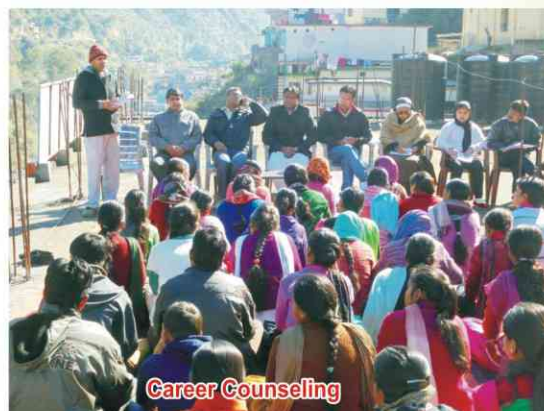
Karuna Social Service Society, Kotdwara

Project Place:

Villages of Barkot, Chinyalisaur, Ghansali and Mandawar

Objective

The project aims to improve the living conditions of families affected by Himalayan Tsunami through sustainable promotion of life-skills, organic farming, people's organizations and community based activities.



- ❖ 07 Garments Making Trainings for 111 beneficiaries
- ❖ 01 Computer Course for 26 youth
- ❖ 09 Children's Clubs for 210 children
- ❖ 04 Medical Camps for 998 villagers
- ❖ Livestock Distribution for 15 families
- ❖ Petty Shops for 3 families
- ❖ Agricultural support for 80 families
- ❖ 09 House constructions
- ❖ 02 Cleaning Campaigns in villages
- ❖ Blanket Distribution for 108 beneficiaries
- ❖ Career Counseling for 65 youth
- ❖ Special Medical Camp for 35 PwDs
- ❖ Street plays for awareness creation
- ❖ 24 SHGs formation with 285 members
- ❖ Study material distribution for 210 students
- ❖ Better earnings through garment making, livestock, agricultural farming and petty shops
- ❖ Trainees are skilled in basics of Computer got job at front office in different institutions



Project Title

Restoring Livelihoods

Project Donor:

Miseror through Caritas India

Project Place:

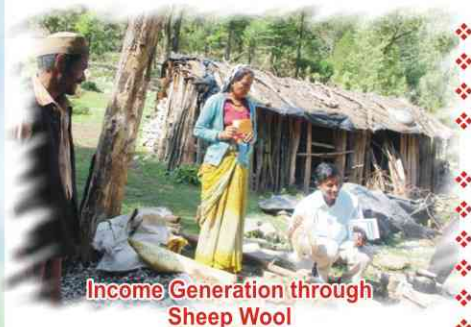
Villages of Mandawar, Rudraprayag, Ghansali and Uttarkashi Mission Station

Objective

The project aims to restore the lives of Himalayan Tsunami affected people of Uttarakhand especially families who have lost earning members or belongings, the poor families living below poverty line (BPL families), families with vulnerable people (elderly or people with disability) and women headed families



Study Material Distribution



Income Generation through Sheep Wool



Seed Distribution

- ❖ Cane Stool Making Support for 47 families
- ❖ Training on Organic farming
- ❖ Agricultural support with seasonal seeds for 1250 families
- ❖ Support to purchase livestock (cow, goats and chicks) for 490 families
- ❖ Support to restore small business (petty shop) for 210 families
- ❖ Hospitality Management training for 30 boys
- ❖ Tailoring and Embroidery training for 200 adolescent girls
- ❖ 02 Capacity building workshops
- ❖ Formation of 22 SHGs with 210 members
- ❖ Self employment trainings in 5 villages with 350 unemployed youth
- ❖ Better living standard with better earnings through organic farming, vocational trainings, skill trainings and livestock



HM Course



Distribution of Tailoring Course Completion Certificate



Petty Shop Support

Project Title

Integrated Development through Community Action

Project Donor:

Manos Unidas, Spain

Project Place:

Gopeshwar – 30 Villages of Dasauli Block

Objective

Integrated Development through Community Action is aimed to empower the communities of 30 villages of Dasauli Block by way of building up their capacity

- ❖ Training for 50 office bearers of SHG's
- ❖ Panchayat Raj Training Program for 70 participants
- ❖ Mother and Child Health Care Training 40 participants
- ❖ VHSC Training for 40 participants
- ❖ Street plays to eradicate social evils
- ❖ Training in Organic Farming for 54 beneficiaries
- ❖ Natural Resource Management Training for 41 participants



Independence Day Celebration

- ❖ Cleanliness Campaign Program with 30 women participants
- ❖ Kishori Rozgar
- ❖ SHGs are linked with banks and deposit regular savings of each month

- ❖ Information on precautions at the time of pregnancy and vaccination schedules of women and children
- ❖ Openness to eradicate social evils from the society such as gender inequality, caste discrimination, dowry, child labor, drug abuse, non-education of girl child, domestic violence and abortion
- ❖ Health Day, Independence Day, Women's Day, Children's Day and Environment Day Celebrations



Street Play



Panchayat Raj Training



SHG Training Program



Women's Day Celebration



Health Day Celebration

Project Title

Life with Dignity

Project Donor:

Manos Unidas, Spain

Project Place:

Timarpur – 20 Villages of Mohammedpur Block

Objective

Life with Dignity is aimed to bring the rural women and youth on the path of all-round development i.e. educational, health, social and economical development through personal and collective power.

- ❖ 02 Health awareness programs for 109 adolescent girls
- ❖ 03 Traditional Birth Attendee Trainings for 83 beneficiaries
- ❖ 03 Elected PRI meeting with 66 members



Children's Day Celebration



Medical Camp

- ❖ 02 Capacity building leadership programs
- ❖ 02 Awareness programs on Govt. Schemes with 108 beneficiaries
- ❖ 04 Value Education programs for 1328 school children
- ❖ 02 General medical camps
- ❖ Distribution of Kitchen garden seeds to 600 families
- ❖ Children's Day, Gandhi Jayanti, Mother's Day, Christmas Day and Independence Day Celebrations
- ❖ Regular immunization to control communicable diseases in villagers
- ❖ Better collaboration with ASHA workers in motivating



Discussion on Govt. Schemes

the pregnant women for initial check-up and medication

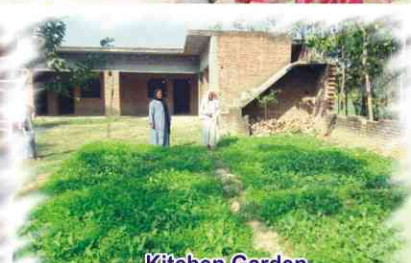
- ❖ Better group management, leadership and organizing capacity in SHGs
- ❖ Sustainable kitchen garden farming in 12 villages
- ❖ Awareness creation in 20 villages on various social issues through street plays
- ❖ Cleaning Campaigns in villages



Cleaning Campaign



Health Awareness Program for Adolescent Girls



Kitchen Garden

Project Title**Community Development Program, Buvakhal****Project Donor:****Manos Unidas****Project Place:****Buvakhal - 20 Villages of Pauri and Pabau Blocks****Objective**

The project aims at improving the quality of life of Scheduled Caste, widows, women, children, BPL families, adolescent girls and unorganized labourers. This is done by empowering the community members of these marginalized sections by making them capable of obtaining their entitlements under Right to Health and Right to Work through Mahatma Gandhi National Rural Employment Guarantee Act, Swarn Jayanti Gram Swa Rozgar Yojna, Social Security Schemes and strengthening the agricultural

**Livestock Support****World TB Day Celebration**

- ❖ Awareness sessions on different topics such as puberty, health and hygiene, sanitation and reproductive health for adolescent girls
- ❖ 2 TB programs covering 10 villages with 130 participants
- ❖ 3 Tailoring Program 19 Trainees
- ❖ Common celebrations of Labour Day, Population Day, Environment Day, Breast

- ❖ 43 SHGs in 20 villages with 561 members
- ❖ Awareness on Social Welfare Schemes like pension schemes, Child health and development program, MGNREGA, B.P.L, Scholarship, Indira Awas, women participation in Gram Sabha meetings, animal vaccination, etc.
- ❖ 10 Adolescent Groups in 10 villages with 110 members & Rs.3690 Saving
- ❖ HIV, T.B. Dots awareness program in villages
- ❖ Developing the participation skills through different kind of competition such as drawing competition, general knowledge etc.

**Medical Camp****Awareness Sessions for Adolescent Girls**

- ❖ Feeding day, Gandhi Jayanti, children's Day, International Women Day and Tuberculosis Day
- ❖ Livestock Distribution to 22 families
- ❖ 20 BPL cards, 10 Scholarships for BPL Girls, 4 old age and 6 widow pensions issued through interventions

Non Budgeted Activities ...

Kotkadar

- ★ Celebration of Women's Day
- ★ Facilitation for NABARD SHG groups and IGP trainings
- ★ Networking with Govt. Officials and Village Level Stakeholders



Padampur

- ★ Financial Assistance for Education and Medication
- ★ Children's Day & Women's Day celebration
- ★ Regular SHG meetings



Bijnor

- ★ Regular SHG meetings in 10 Groups
- ★ Facilitation for immunization of women and children
- ★ Facilitation for Polio Campaign in Villages
- ★ Awareness sessions on health
- ★ Coordination with AWC and Asha workers



Mandawali

- ★ Celebrations- Children Day, Disability Day, Women's Day, Republic Day, World Aids Day, World T.B. Day
- ★ Free tuition classes for weaker section of school going children



- ★ Awareness class on Motherhood
- ★ 02 Eye Camps and 02 Medical Camps
- ★ 01 House Construction



Badapur

- ★ Tailoring course for 11 women
- ★ Sanitation Campaign in villages
- ★ Woolen Clothes & Relief Material Distribution
- ★ Regular elderly Health Camp
- ★ Women's Day celebration
- ★ Other Social Activities- Handicapped Certificates, Pension, Facilitation for Artificial Limbs & Equipments for PwDs

Laldhang

- ★ 01 Medical Camp
- ★ Herbal Medicine Making Training
- ★ Training in Tailoring, Bag Making & Decorative Items Making
- ★ 03 Children's Club formation with 45 children
- ★ International Women's Day celebrations



Kalheri

- ★ Leprosy Eradication Awareness
- ★ Coordination with PRIs, Asha, AWC & Local Doctors
- ★ Wall Painting & Pamphlet Distribution
- ★ Film shows in the villages
- ★ Networking with Govt. Officials
- ★ Identification of leprosy patients
- ★ Herbal Medicine making training
- ★ Women's Day celebration and Competitions
- ★ Celebrations- Republic Day, Independence Day, Teachers Day, Gandhi Jayanti, Children Day, Christmas



Gangapar

- ★ Celebrations of Republic Day, AIDs Day, Children Day, Gandhi Jyanti and Independence Day
- ★ Street Plays in 03 villages
- ★ Awareness Session on Health & T.B.
- ★ Livestock Support
- ★ House Construction Support
- ★ Coordination for Social Security Schemes
- ★ Other Social Welfare Activities as facilitation in Ration Card, Adhar Card, Indira Awas, Death Certificate making
- ★ Facilitation for getting subsidy seeds from Agriculture Department
- ★ Sanitation Campaign in 02 villages



Major Events from the Chronicles of Karuna...

**Disaster Risk Management Seminar
21 May 2014**



**Seminar on Legal Aid
25 June 2014**



**One-Day Outing for Sister in-Charges
26 June 2014**



**Hospitality Management Course
Aug –Oct 2014**



**General Body
06 Oct 2014**



Review and Capacity Building Program
17 Oct 2014



Project Evaluation Meeting
02 Dec 2014



Christmas Milan
27 Dec 2014



Review Meeting for SLF
02 Jan 2015



Project Discussion Meeting (EEID)
11-12 Feb 2015



Project Management Program 11-13 Mar 2015



Apna Din Celebration 15-17 Mar 2015

Sweater Distributions

Govt. Inter College
Govt. Inter College
Govt. Inter College
Govt. Inter College
Govt. Inter College
Govt. Inter College

Kumbhichaur
Ajmer Pokhri
Kotaridang
Dugadda
Padampur Shukhro
Lakadipadav

75 Sweaters
50 Sweaters
50 Sweaters
75 Sweaters
50 Sweaters
35 Sweaters



KARUNA SOCIAL SERVICE SOCIETY

BALANCE SHEET AS AT 31ST MARCH, 2015

PR. YEAR.	FUNDS & LIABILITIES	AMOUNT (Rs)	PR. YEAR.	PROPERTY & ASSETS	AMOUNT (Rs)
	CAPITAL FUND			FIXED ASSETS (AT COST):	
	As per last Balance Sheet	8,815,413.76		As per Schedule - II attached	10,304,699.76
	Add: Transfer from I&E A/c	3,065.00			
	Add: Additions made during the year	2,805,694.00		CASH AND BANK BALANCES:	
8,815,414	Less: Depreciation for the year	(1,319,473.00)	36,170,924	As per Schedule - III attached	33,009,791.82
				Bank Guarantee (FDR) - TCS project	73,271.00
	CORPUS FUND				
	As per last Balance Sheet	35,000.00			
35,000	Received during the year	10,000.00			
	SPECIFIC PURPOSES FUND:			Advances Recoverable/Adjustable	
28,804,483	As per Schedule - I	23,412,075.76		Security Deposit - Gas Connection	1,900.00
				Security Deposit - for telephone connection	2,603.27
	INCOME AND EXPENDITURE ACCOUNT:			TDS recoverable (FY 2014-15: Rs. 226,318)	426,444.00
	As per last Balancesheet	7,705,494.05			
7,705,494	Add: Excess of Income over Expenditure for the year	2,369,620.28	18,180	Mahindra & Mahindra Ltd, Automotive	18,180.00
45,360,391	TOTAL	43,836,889.85	45,360,391	TOTAL	43,836,889.85

ANNEXURE TO OUR REPORT OF EVEN DATE
For V. SANKAR AIYAR & CO.
CHARTERED ACCOUNTANTS
(Firm Registration No. 109208W)



PLACE: NEW DELHI
DATED: 26-09-2015

(M.S. BALACHANDRAN)
PARTNER
(M.No. 24282)

[Signature]
PRESIDENT

[Signature]
TREASURER



[Signature]
Director
Karuna Social Service Society
Balasaur, Kotdwar P.O.
Dist. Pauri Garhwal,
Uttarakhand - 246 149

[Signature]
SECRETARY

Secretary
Karuna Social Service Society
Balasaur, Kotdwar
Pauri Garhwal
Uttarakhand-246149
India



THRUSTS OF KSSS

1 Personal Skill and Capacity Development

2 Integral Child Development

3 Women Empowerment

4 Gender and Community Development Program

5 Community Health Program

6 Relief and Rehabilitation

7 Natural Resource Management

8 Environmental Protection

9 HIV/AIDS Awareness and Prevention

10 Income Generation Program

11 Legal Awareness

12 TB and Leprosy Eradication

13 People's Organization

Our Partners



**Karl Kübel Stiftung
für Kind und Familie**



**Liliane
Fonds**

open de wereld
voor een kind
met een handicap

TOGETHER TOWARDS A BETTER TOMORROW

A young boy with dark hair, wearing a white cap and a red long-sleeved shirt, is pointing his right index finger towards the viewer. He is smiling and has a gold medal hanging from a red ribbon around his neck. A white bib with the number '163' is pinned to his shirt. He is standing in a field of white daisies. The background is a bright, hazy sunset sky with orange and yellow tones.

Report & Photos : KSSS Archive

Compiled & Edited by : Fr. M.J. Joseph

Computer Assistance : Mr. Suraj Singh